



# MARCH 2025 SCHEDULE

## MEDIA PRIMA OMNIA SDN. BHD.

(436623-M)  
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Website: www.mediaprimaomnia.my

As at 07/02/2025

| TIME      | MONDAY                        | TUESDAY  | WEDNESDAY            | THURSDAY      | FRIDAY  | SATURDAY                        | SUNDAY              | TIME      |
|-----------|-------------------------------|--|----------------------|---------------|---|---------------------------------|---------------------|-----------|
| MAR       | 3, 10, 17, 24, 31             | 4, 11, 18, 25  | 5, 12, 19, 26        | 6, 13, 20, 27 | 7, 14, 21, 28   | 1, 8, 15, 22, 29                | 2, 9, 16, 23, 30    | MAR       |
| 0700-0702 | NEGARAKU                      |  |                      |               |   |                                 |                     | 0700-0702 |
| 0702-0730 | DUNIA TERSEMBUNYI X3          |  |                      | HATI EMAS X3  |   |                                 |                     | 0702-0730 |
| 0730-0800 | DINO TRAINERS X3              |  | EJEN ALI X3          |               | ALIF & SOFIA X3   |                                 |                     | 0730-0800 |
| 0800-0830 | DAPUR SIHAT X3                | GURU IDOLA X3  | DESTINASI KERJAYA X3 |               | DIMENSI DIDIK X3  | DESTINASI KERJAYA X3            |                     | 0800-0830 |
| 0830-0900 | KESENIAN X3                   | KELAB & PERSATUAN X3   | BADAN BERUNIFORM X3  | SUKAN X3      |   | KESENIAN X3                     | BADAN BERUNIFORM X3 | 0830-0900 |
| 0900-0930 | SUKSES / PECUTAN X3           |  |                      |               |   |                                 |                     | 0900-0930 |
| 0930-1000 | SUKSES / PECUTAN X3           |  |                      |               |   |                                 |                     | 0930-1000 |
| 1000-1030 | MENENGAH ATAS X5              |  |                      |               |   | 15/3: REFLEKSI MINGGUAN LIVE X5 | MENENGAH ATAS X5    | 1000-1030 |
| 1030-1100 | MENENGAH ATAS X5              |  |                      |               |   |                                 |                     | 1030-1100 |
| 1100-1130 | MENENGAH RENDAH X5            |  |                      |               |   | 15/3: REFLEKSI MINGGUAN LIVE X5 | MENENGAH RENDAH X5  | 1100-1130 |
| 1130-1200 | MENENGAH RENDAH X5            |  |                      |               |   |                                 |                     | 1130-1200 |
| 1200-1230 | TAHAP II X5                   |  |                      |               |   | 15/3: REFLEKSI MINGGUAN LIVE X5 | TAHAP II X5         | 1200-1230 |
| 1230-1300 | TAHAP I X5                    |  |                      |               |   |                                 |                     | 1230-1300 |
| 1300-1330 | MAJALAH DIDIK X5              | KELAB PODCAST X5   | ILHAM KREATIF X5     | SEKOLAHKU X5  | INSANI X5   | SAYA ISTIMEWA X5                | DAPUR SIHAT X5      | 1300-1330 |
| 1330-1400 | BULETIN DIDIK 24/25 REPEAT X5 |  |                      |               |   |                                 |                     | 1330-1400 |
| 1400-1430 | DINO TRAINERS X5              |  | EJEN ALI X5          |               | ALIF & SOFIA X5   |                                 |                     | 1400-1430 |
| 1430-1500 | PRASEKOLAH X5                 |  |                      |               |   |                                 |                     | 1430-1500 |
| 1500-1530 | TAHAP I X5                    |  |                      |               |   |                                 |                     | 1500-1530 |
| 1530-1600 | TAHAP II X5                   |  |                      |               |   |                                 |                     | 1530-1600 |
| 1600-1630 | MENENGAH RENDAH X5            |  |                      |               |   |                                 |                     | 1600-1630 |
| 1630-1700 | MENENGAH RENDAH X5            |  |                      |               |   |                                 |                     | 1630-1700 |
| 1700-1730 | MENENGAH ATAS X6.5            |  |                      |               |   |                                 |                     | 1700-1730 |
| 1730-1800 | MENENGAH ATAS X6.5            |  |                      |               |   |                                 |                     | 1730-1800 |
| 1800-1830 | MENENGAH ATAS X6.5            |  |                      |               |   |                                 |                     | 1800-1830 |
| 1830-1900 | KESENIAN X9                   | KELAB & PERSATUAN X9   | BADAN BERUNIFORM X9  | SUKAN X9      |   | KESENIAN X9                     | BADAN BERUNIFORM X9 | 1830-1900 |
| 1900-1930 | BULETIN DIDIK 24/25 LIVE X9   |  |                      |               |   |                                 |                     | 1900-1930 |
| 1930-2000 | DINO TRAINERS X9              |  | EJEN ALI X9          |               | ALIF & SOFIA X9   |                                 |                     | 1930-2000 |
| 2000-2030 | DAPUR SIHAT X9                | GURU IDOLA X9  | DESTINASI KERJAYA X9 |               | DIMENSI DIDIK X9  | DESTINASI KERJAYA X9            |                     | 2000-2030 |
| 2030-2100 | MAJALAH DIDIK X9              | KELAB PODCAST X9   | ILHAM KREATIF X9     | SEKOLAHKU X9  | INSANI X9   | SAYA ISTIMEWA X9                | DAPUR SIHAT X9      | 2030-2100 |
| 2100-2130 | SUKSES / PECUTAN X9           |  |                      |               |   |                                 |                     | 2100-2130 |
| 2130-2200 | SUKSES / PECUTAN X9           |  |                      |               |   |                                 |                     | 2130-2200 |
| 2200-2230 | WOWSHOP X9                    | DUNIA GENERASI BARU X9<br>(18-20: MISI ANAK BULAN)<br>(25-28: WOWSHOP) |                      |               | BUDAK MAGIK X9<br>(16-23: RUNI & SOLAH)<br>(25-28: WOWSHOP) |                                 |                     | 2200-2230 |
| 2230-2300 |                               | BLOGGER BOY X9   |                      |               | #BUDAKINTERN X9   |                                 |                     | 2230-2300 |
| 2300-2330 | WOWSHOP X9                    | BLOGGER BOY X9   |                      |               | #BUDAKINTERN X9   |                                 |                     | 2300-2330 |
| 2330-0000 |                               | JEJAK RASUL X9   |                      |               |   |                                 |                     | 2330-0000 |
| 0000-0002 | NEGARAKU                      |  |                      |               |   |                                 |                     | 0000-0002 |
| 0002-0700 | MPA - HOTFM                   |  |                      |               |   |                                 |                     | 0002-0700 |
| TIME      | MONDAY                        | TUESDAY  | WEDNESDAY            | THURSDAY      | FRIDAY  | SATURDAY                        | SUNDAY              | TIME      |
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EMILYA AB RAHIM  
Pengurus Besar ntv7  
Media Prima Berhad

