



NOVEMBER 2025 SCHEDULE

MEDIA PRIMA OMNIA SDN. BHD.

(436623-M)
Balai Berita, Anjung Riong 31, Jalan Riong, Bangsar, 59100 Kuala Lumpur
Email: solutions@mediaprima.com.my
Website: www.mediaprimaomnia.my

As at 10/10/2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME	
NOV	3, 10, 17, 24	4, 11, 18, 25	5, 12, 19, 26	6, 13, 20, 27	7, 14, 21, 28	1, 8, 15, 22, 29	2, 9, 16, 23, 30	NOV	
0700-0702	NEGARAKU							0700-0702	
0702-0730	GO GO DINO X3		DINO TRAINERS X3		JUNGLE AGENT X3		SPIN FIGHTERS X3	0702-0730	
0730-0800	CIPTA RASA SIHAT X3	GURU IDOLA X3	DESTINASI KERJAYA X3		DIMENSI DIDIK X3	PROGRAM KHAS / DIDIK HIBUR / DESTINASI KERJAYA X3		0730-0800	
0800-0830	MAJALAH DIDIK 2025 X3	KELAB PODCAST X3	ILHAM KREATIF X3	SEKOLAHKU X3	INSANI X3			0800-0830	
0830-0900	PRASEKOLAH X3							0830-0900	
0900-0930	MENENGAH ATAS X3							0900-0930	
0930-1000	MENENGAH ATAS X5							0930-1000	
1000-1030	MENENGAH RENDAH X5							1000-1030	
1030-1100	MENENGAH RENDAH X5							1030-1100	
1100-1130	TAHAP II X5							1100-1130	
1130-1200	TAHAP I X5							1130-1200	
1200-1230	SUKSES SPM X5							1200-1230	
1230-1300	SUKSES SPM X5							1230-1300	
1300-1330	GO GO DINO X5		DINO TRAINERS X5		JUNGLE AGENT X5		SPIN FIGHTERS X5	1300-1330	
1330-1400	BULETIN DIDIK 24/25 REPEAT X5							1330-1400	
1400-1430	KESENIAN X5	KELAB & PERSATUAN X5	BADAN BERUNIFORM X5	SUKAN X5		KESENIAN X5	BADAN BERUNIFORM X5	1400-1430	
1430-1500	PRASEKOLAH X5							1430-1500	
1500-1530	TAHAP I X5							1500-1530	
1530-1600	TAHAP II X5							1530-1600	
1600-1630	MENENGAH RENDAH X5							1600-1630	
1630-1700	MENENGAH RENDAH X5							1630-1700	
1700-1730	MENENGAH ATAS X6.5							1700-1730	
1730-1800	MENENGAH ATAS X6.5							1730-1800	
1800-1830	MENENGAH ATAS X6.5							1800-1830	
1830-1900	KESENIAN X9	KELAB & PERSATUAN X9	BADAN BERUNIFORM X9	SUKAN X9		KESENIAN X9	BADAN BERUNIFORM X9	1830-1900	
1900-1930	BULETIN DIDIK 24/25 LIVE X9							1900-1930	
1930-2000	GO GO DINO X9		DINO TRAINERS X9		JUNGLE AGENT X9		SPIN FIGHTERS X9	1930-2000	
2000-2030	CIPTA RASA SIHAT X9	GURU IDOLA X9	DESTINASI KERJAYA X9		DIMENSI DIDIK X9	PROGRAM KHAS / DIDIK HIBUR / DESTINASI KERJAYA X9		2000-2030	
2030-2100	MAJALAH DIDIK 2025 X9	KELAB PODCAST X9	ILHAM KREATIF X9	SEKOLAHKU X9	INSANI X9			2030-2100	
2100-2130	SUKSES SPM X9							2100-2130	
2130-2200	SUKSES SPM X9							2130-2200	
2200-2230	WOWSHOP X9	BUDAK TEBING X9 (25-28: WOWSHOP)							2200-2230
2230-2300									2230-2300
2300-2330	WOWSHOP X9	MEMBINA JUARA X9 (1-9: JURNAL RESEPI)							2300-2330
2330-0000									2330-0000
0000-0002	NEGARAKU							0000-0002	
0002-0700	MPA - HOTFM							0002-0700	
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME	
NOV	3, 10, 17, 24	4, 11, 18, 25	5, 12, 19, 26	6, 13, 20, 27	7, 14, 21, 28	1, 8, 15, 22, 29	2, 9, 16, 23, 30	NOV	

EMILYA AB RAHIM
Pengurus Besar ntv7
Media Prima Berhad

